

WHEN TO USE THIS BASIS OF DESIGN SECTION

This BOD section should be used in all new construction and rehab projects. This section should be also be referenced and applied during capital planning to guide the scope of resident and staff space upgrades to existing buildings.

What is Trauma-Informed Housing?

Trauma-Informed Housing (TIH) is a model that combines **human-centered design** and **trauma-informed care**.

For POAH, **TIH is about expanding the definition of affordable housing**. In addition to providing housing stability through financial affordability, we are committed to affording our residents the opportunity to feel safe, heard, and empowered through the design and operation of our properties.

What is Human-Centered Design?

Human-Centered Design (HCD) is design that is primarily focused on the physical, mental, and emotional safety, health, and well-being of residents. HCD includes not just trauma-informed principles (see below), but also universal design and health building design/sustainability.

TRAUMA-INFORMED PRINCIPLES IN AFFORDABLE HOUSING

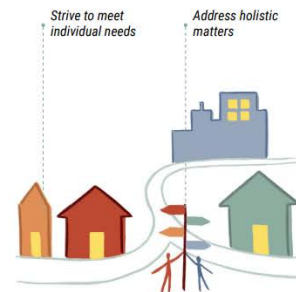
SAFETY & TRUST

Housing communities designed to **create a sense of safety and trust** offer spaces, services, and programs that are welcoming, inclusive, and representative of the local context and culture.



CHOICE & EMPOWERMENT

Housing communities designed to **lift up choice and empowerment** offer residents clear options of spaces and services to use that enable them to make choices of how to best meet their needs.



COMMUNITY & COLLABORATION

Housing communities designed to **build community and collaboration** cultivate social cohesion with a diversity of space and service offerings.

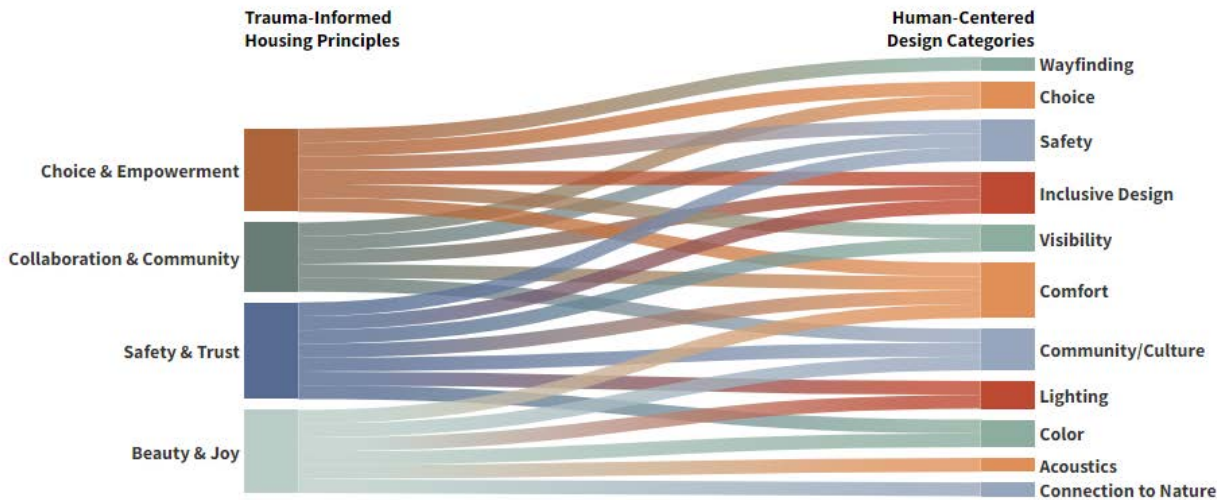


BEAUTY & JOY

Housing communities **spark beauty and joy** encouraging residents to take care of their environment to cultivate growth, pride, and delight.



HUMAN-CENTERED DESIGN CATEGORIES



EDUCATIONAL MATERIALS

POAH's human-centered design criteria are an extension of the resources and design opportunities (linked below) developed as a part of our [Designing Trauma Resilient Communities: Trauma-Informed Housing Toolkit](#).

1. [What is Trauma-Informed Design](#)
2. [Design Dos and Don'ts](#)
3. [Design Opportunities at a Glance](#)
4. [Spatial Program Guide](#)
5. [Case Study - Hawthorne Community Building](#)

DESIGN CRITERIA

When to Use These Resources: These resources provide a list of all our human-centered design criteria organized by checklist or visually shown in sample unit floor plans.

1. [SD+DD Checklist](#)
2. [SD+DD Sample Unit Floor Plans](#)
3. [CD Checklist](#)
4. [CD Sample Unit Floor Plans](#)

ADDITIONAL RESOURCES ON TRAUMA-INFORMED HOUSING

POAH's Human-Centered Design Best Practices are an extension of our *Designing Trauma Resilient Communities* project, which utilizes *The Missouri Model Principles of Trauma-Informed Care*. This model focuses on 5 key principles: safety, trustworthiness, choice, collaboration, and empowerment.

To learn more, visit the following links:

- [POAH's Trauma-Informed Housing Toolkit](#), POAH
- [Center for Trauma Informed Innovation](#), University Health
- [The Missouri Model of Trauma-Informed Approaches](#), Missouri Department of Mental Health
- [SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach](#), Substance Abuse and Mental Health Services Administration